

All hands-ons may be performed on a model, guest, or doll head.

CORE

Style and Finish

Service Area Set-up

- Create a windowpane or drawing or take a photo of the perfect service area set-up (SMA) and drape for style and finish.
Signature: _____ Date: _____

Chemical Relaxer

Service Area Set-up

- Create a windowpane or drawing or take a photo of the perfect service area set-up (SMA) and drape for a chemical relaxer.
Signature: _____ Date: _____

Permanent Wave

Service Area Set-up

- Create a windowpane or drawing or take a photo of the perfect service area set-up (SMA) and drape for permanent waving.
Signature: _____ Date: _____

Long Hair

Service Area Set-up

- Create a windowpane or drawing or take a photo of the perfect service area set-up (SMA) for a long hair service.
Signature: _____ Date: _____

ADAPTIVE

Style and Finish

Diagrams

- Use the appropriate views of the head along with the proper diagramming colors, angles, and straight lines.
Signature: _____ Date: _____
- Must have completed diagrams for the pre-dry methods: flat wrap, round wrap, and directional.
Signature: _____ Date: _____
- Must have completed diagrams for the finish methods: leafing and beveling option, directional, and round brush.
Signature: _____ Date: _____

Virtual Guests

- Jodi has fine, curly hair and likes wearing her hair straight, but with body. Using the Paul Mitchell Product Guide Workbook, which Take HomeSM and Paul Mitchell[®] Pro Tools™ would you recommend and why?*
Signature: _____ Date: _____
- Christina has fine, straight hair and has brought in a picture of Meg Ryan. In the picture, Christina loves the piecey, textured look. She only has one hour today to recreate this look and would love to invest in products to create this look at home. Which Paul Mitchell products would you recommend for Take Home today and which tools will help her at home?*
Signature: _____ Date: _____
- Mary has long, coarse/frizzy hair. She would love her hair to be styled smooth with lots of movement. To create this look for Mary today, which shampoo and conditioner would you recommend? To style her hair, which Paul Mitchell products will you use, as well as tools, to recommend for Take Home?*
Signature: _____ Date: _____
- Lisa has coarse, extra-curly hair. She has an event to go to this evening and would like to wear big, barrel curls. Which Paul Mitchell products would you use to begin and which styling products would assist you in changing her curl formation, as well as to create shine and hold?*
Signature: _____ Date: _____

The Learning Leader must sign and date each item.

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ADAPTIVE CONTINUED

Chemical Relaxer

Diagrams

- Use the appropriate views of the head along with the proper diagramming colors, angles, and straight lines.
Signature: _____ Date: _____
- Must have completed diagrams for wavy, curly, and extra-curly applications.
Signature: _____ Date: _____

Virtual Guests

- Steve has very coarse, wavy hair and would like to grow it out. In the past, as his hair becomes longer, it increases in volume, but not length. What would be the preparation before, procedure, and maintenance for Steve's service? Include the Take Home Recommendation Form.*
Signature: _____ Date: _____
- Cassidy has coarse, extra-curly hair with a sensitive scalp. She would like to wear her hair as straight as possible with little to no thermal styling. Which relaxer strength and application would you use for Cassidy? Which Take Home products will she need to use at home to maintain her relaxer? How often will she need to return for follow-up retouch appointments?*
Signature: _____ Date: _____

Permanent Wave

Diagrams

- Use the appropriate views of the head along with the proper diagramming colors, angles, and straight lines.
Signature: _____ Date: _____
- Design a creative specialty wrap; include the implements or tools you will need to complete this wrap.
Signature: _____ Date: _____

Virtual Guests

- Karla has fine, straight, gray hair that she has colored every six weeks. She wears her hair short and wants more body and versatility to wear her hair straight or curly. Which perm, wrapping technique, and rod size would you select? Using the Paul Mitchell Product Guide Workbook, which Take Home products will she need to maintain her new look?*
Signature: _____ Date: _____
- Grace has coarse, straight hair. She would like a permanent wave to create a soft curl. For style, she would like to add more shine and movement. Which perm, wrapping technique, and Take Home products would you recommend to achieve Grace's hair goals and why?*
Signature: _____ Date: _____

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CREATIVE

Style and Finish

Pre-Dry: Flat Wrap

- Take pictures as you perform the pre-dry: flat-wrap method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Pre-Dry: Round Wrap

- Take pictures as you perform the pre-dry: round-wrap method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Pre-Dry: Directional

- Take pictures as you perform the pre-dry: directional method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Finish: Leafing

- Take pictures as you perform the leafing method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Finish: Beveling Option

- Take pictures as you perform the beveling option method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Finish: Directional

- Take pictures as you perform the directional method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

Finish: Round Brush

- Take pictures as you perform the round-brush method and complete the Style and Finish Recommendation Form.

Signature: _____ Date: _____

- Include pictures of each of the three bases: on-base, off-base, and one-half-base. Show the locking technique in one of your pictures.

Signature: _____ Date: _____

- Use pictures from magazines or take your own pictures to create the Texture and Formation Chart.

Signature: _____ Date: _____

Chemical Relaxer

Procedure

- Complete a chemical relaxer; take before and after pictures. Include a copy of your Guest Service Folio, application, relaxer strength, and Take Home recommendation products.

Signature: _____ Date: _____

- Create a visual that represents each of the steps needed to normalize the hair after a chemical relaxer.

Signature: _____ Date: _____

- Create a mini-class on the different types and strengths of relaxers.

Signature: _____ Date: _____

- Share your mini-class with the Texture Specialist and schedule when you may share it with a small group of Future Professionals.

Signature: _____ Date: _____

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CREATIVE CONTINUED

Permanent Wave

Procedure

- Part off for the basic perm wrap and take a picture of your partings.
Signature: _____ Date: _____
- Complete the Texture Evaluation on a service guest on the clinic floor and take a picture of your results before, during, and after.
Signature: _____ Date: _____
- Create at least three creative wraps using alternate tools (for example, sponges, loofas, or paint sticks). Take a picture of each of the wraps and diagram them. Be sure to include the end results.
Signature: _____ Date: _____
- Research and write a two-page report on the history of perming and include pictures.
Signature: _____ Date: _____

Long Hair

Procedure

- Complete a dry finger wave set by first setting the hair, brushing it out, and back-brushing the hair. Complete the Take Home Recommendation Form to include the products used. Take before, during, and after pictures of the service.
Signature: _____ Date: _____
- Complete a foil curl set. Take before, during, and after pictures of the procedure. Create a bubble map of the procedure steps.
Signature: _____ Date: _____
- Create a French twist and incorporate two braids of your choice in the style (fishtail, French, cornrow, rope, etc.). Take a picture to document your work.
Signature: _____ Date: _____
- View any Paul Mitchell styling DVD. Choose your favorite style to recreate. Create a style information sheet prior to replicating the style. Take a before, during, and after picture. *What worked? What didn't work and what would you do differently next time?*
Signature: _____ Date: _____
- Design a creative upstyle. Take pictures that document each detail of the step-by-step procedure to recreate your style. Include the tool needs list and Take Home Recommendation Form.
Signature: _____ Date: _____
- After completing the proper blow-dry, smooth the hair using a smoothing iron. (Select your choice of express style iron.) Write out the step-by-step procedure. Include the partings, products, and heat settings chosen and why. Complete the documentation with a picture.
Signature: _____ Date: _____

The Learning Leader must sign and date each item.